
























ACTIVITY - VALUES

 Sefkerin

Standard / Bike 1 / 30.07.2017 - 11:15

 Training time 03:31:25.0 h	 Distance 77,76 km	 Speed Ø 22,06 km/h max. 43,27	 Section time: 00:00:00.0 h	 Section distance: 0,00 km
 Cadence Ø 71 rpm				

Notes

 Weather   0,0 °C  0 Bft	 Trip Profile  flat	 Feelings 	 Evaluation 	 Description Use this area to enter further details about your training ...
 Linked track	 External link			
 Training partner  Boban D...  Zoran Pe...				
 Training type				